

Milton L. Wainberg, MD

Tel Aviv University Master's-level School of Social Work course syllabus

Academic year: Summer 2027

Course frequency: Intensive format of one week – 11-15/7; 09:00-14:00

Credit hours: 2 points (26 hours)

Type of Course: Elective

Course Title

Building Community Capacity for Mental Health and Substance Use Services: The ENGAGE Model

Course Description

This graduate-level course prepares social work students to address mental health and substance use disparities using scalable, evidence-based approaches grounded in the ENGAGE model (Engaging Communities to Gain Mental Well-Being across the Lifespan). Students will gain both theoretical foundations and practical skills to expand access to care in settings with limited resources, where the gap between need and available services remains high.

Before introducing the ENGAGE model, the course examines the global burden of mental and substance use disorders, the mental health treatment gap, social determinants of health, and persistent disparities in access to care. Students will critically examine why traditional specialist-centered models alone cannot meet population needs and why scalable, community-based approaches have emerged internationally. The course will also introduce key debates within global mental health, including cultural adaptation, implementation across diverse settings, and critiques regarding the transferability of Western mental health models.

Through the ENGAGE framework, the course introduces task-sharing strategies that train and support lay providers—such as community health workers—to deliver mental health services across primary care, specialty clinics, and community settings. Students will learn to apply core components including systematic screening, risk stratification, stepped-care, and brief evidence-based interventions, supported by digital tools that enhance decision-making, care coordination, and follow-up.

ENGAGE (Engaging Communities to Gain Mental Well-Being across the Lifespan) is a scalable, evidence-based task-sharing model that trains and supports lay providers, including community health workers, to deliver mental health services across primary care, mental health clinics, and community settings. It integrates digital decision-support tools, stratified and stepped care, and measurement-based approaches to improve detection, assessment, treatment, follow-up, and referral for common mental health, substance use conditions, suicide risk, and severe mental disorders. Core tools (mwTool and CmwTool) support structured screening, risk stratification, care coordination, and linkage to services. The model delivers brief, evidence-based interventions while ensuring referral pathways for complex cases

and continuity of care across levels. Follow-up assessments can trigger booster sessions of evidence-based interventions or referral to mental health specialists based on ongoing symptom severity and risk. By addressing social determinants and leveraging supervised, digitally supported lay providers, ENGAGE expands access and reduces specialist burden. ENGAGE is active in the U.S. and six other countries: Mozambique, Israel, South Africa, Brazil, Thailand, and Malaysia.

Emphasizing real-world implementation, the course explores how to assess, triage, and respond to a range of conditions, including common mental health disorders, substance use, suicide risk, and severe mental illness. Students will also examine how to integrate services into existing systems, strengthen referral pathways, and address social determinants of health. Drawing on examples from Israel, the United States, Mozambique, South Africa, Brazil, Thailand, and Malaysia, students will examine how evidence-based community mental health models can be adapted to diverse cultural and health-system contexts. Particular attention will be given to implementation within Israeli health and social service systems, including post-October 7 mental health challenges, primary care integration, community rehabilitation, and work with vulnerable populations

Implementation science emphasizes that evidence-based interventions must be adapted to the social, cultural, organizational, and health-system contexts in which they are delivered. Accordingly, this course will continuously contextualize the ENGAGE model within the realities of Israel's mental health and social service systems. Across all sessions, students will examine how implementation strategies are shaped by diverse populations, community needs, and existing service structures, including:

- Mental health needs and system transformation following October 7
- Community resilience and trauma recovery
- Arab communities
- Ultra-Orthodox (Haredi) communities
- Ethiopian Israeli communities
- Refugees, asylum seekers, and other marginalized populations
- Primary care settings
- Israel's health maintenance organizations
- Psychiatric rehabilitation and community-based recovery services
- School-based mental health programs

These examples will be integrated throughout the course to illustrate how evidence-based mental health interventions can be culturally adapted, implemented, and sustained within diverse Israeli settings while maintaining fidelity to the ENGAGE model.

Course Objectives

By the end of the course, students will be able to:

1. Explain the theoretical foundations of ENGAGE.
2. Conduct screening and risk stratification using the Mental Wellness Tool.
3. Deliver one or two brief evidence-based interventions (IPC and SBIRT or IPC and SPI).
4. Apply measurement-based care to treatment planning.
5. Analyze implementation challenges and potential strategies to address these challenges within community and social work settings.
6. Demonstrate foundational ENGAGE clinical skills through role-play.

Teaching Methodology

- Interactive lectures
- Case-based learning
- Role plays and simulations
- AI Chatbot skills building
- Skills practice in small groups
- Reflective discussions
- Applied implementation exercises

Assessment Methods and Grading Composition:

1. **Class Participation (15%)**
Attendance; participation in discussions; completion of in-class exercises; contribution to role plays; demonstration of respectful and collaborative professional behavior.
2. **Clinical Skills Portfolio (40%)**
 - **Screening Exercise:** Conduct and reflect on use of the Mental Wellness Tool.
 - **Case Formulation:** Assessment, triage, and treatment plan using ENGAGE framework
3. **Intervention Skills Demonstration (20%)**
Role-play demonstrating one intervention (IPC, MI, or SPI).
4. **Final Project: Implementation Project (25%)**
Design a plan to implement ENGAGE in a real or hypothetical setting.

Additional Requirements:

- Participation expectations (e.g., in-person attendance, active participation in discussions)
- Extra resources: training chatbots for IPC, suicide risk, and SPI.

Required Readings

*Mandatory:

1. *Bemmel D, Kirmayer LJ. Global mental health: interdisciplinary challenges for a field in motion. *Transcultural Psychiatry*. 2020 Feb;57(1):3-18.
2. *Chibanda D, Weiss HA, Verhey R, et al. Effect of a Primary Care–Based Psychological Intervention on Symptoms of Common Mental Disorders in Zimbabwe: A Randomized Clinical Trial. *JAMA*. 2016;316(24):2618–2626.
3. *Delgadillo J, Ali S, Fleck K, Agnew C, Southgate A, Parkhouse L, Cohen ZD, DeRubeis RJ, Barkham M. Stratified care vs stepped care for depression: a cluster randomized clinical trial. *JAMA psychiatry*. 2022 Feb;79(2):101-8.
4. *Giusto A, Jack HE, Magidson JF, Ayuku D, Johnson S, Lovero K, Hankerson SH, Sweetland AC, Myers B, Fortunato Dos Santos P, Puffer ES, Wainberg ML. Global Is Local: Leveraging Global Mental-Health Methods to Promote Equity and Address Disparities in the United States. *Clin Psychol Sci*. 2024 Mar;12(2):270-289. PMID: 38529071; PMCID: PMC10962902.
5. *Karyotaki E, Araya R, Kessler RC, Waqas A, Bhana A, Rahman A, Matsuzaka CT, Miguel C, Lund C, Garman EC, Nakimuli-Mpungu E, Petersen I, Naslund JA, Schneider M, Sikander S, Jordans MJD, Abas M, Slade P, Walters S, Brugha TS, Furukawa TA, Amanvermez Y, Mello MF, Wainberg ML, Cuijpers P, Patel V. Association of Task-Shared Psychological Interventions With Depression Outcomes in Low- and Middle-Income Countries: A Systematic Review and Individual Patient Data Meta-analysis. *JAMA Psychiatry*. 2022 May 1;79(5):430-443. PMID: 35319740; PMCID: PMC8943620.
6. *Levi-Belz Y, Gvion Y, Apter A. The psychology of suicide: From research understandings to intervention and treatment. *Frontiers in psychiatry*. 2019 Apr 4;10:214.
7. *Lovero KL, Basaraba C, Khan S, Suleman A, Mabunda D, Feliciano P, Dos Santos P, Fumo W, Mandlate F, Greene MC, Fiks Salem A, Mootz JJ, Mocumbi AO, Duarte CS, Gouveia L, Oquendo MA, Wall MM, Wainberg ML. Brief Screening Tool for Stepped-Care Management of Mental and Substance Use Disorders. *Psychiatr Serv*. 2021 Aug 1;72(8):891-897. PMID: 33993717; PMCID: PMC8328865.
8. *Neria Y, Markowitz JC, Amsalem D, Levi-Belz Y, Roe D, Lurie I, Bitan DT, Wainberg ML, Mendlovic S. Israeli mental health in the aftermath of the October 7 terrorist attack: risks, challenges, and recommendations. *Isr J Health Policy Res*. 2025 Apr 16;14(1):25. PMID: 40240897; PMCID: PMC12004549.
9. *Stanley B, Brown GK, Karlin B, Kemp JE, VonBergen HA. Safety plan treatment manual to reduce suicide risk: Veteran version. Washington, DC: United States Department of Veterans Affairs. 2008 Aug 20;12.
10. *Stockton MA, Mazinyo EW, Mlanjeni L, Nogemane K, Ngcelwane N, Sweetland AC, Basaraba C, Bezuidenhout C, Sansbury G, Lovero KL, Gouveia ML, Dos Santos PF, Feliciano P, Fumo W, Suleman A, Oquendo MA, Grobler C, Wall MM, Nobaty P, Medina-Marino A, Wainberg ML. An Ultra-Brief Proxy Measure for Early Mental and Substance Use Disorders and Suicide Risk Case

Detection at the Community and Household Level: An Efficient and Feasible Clinical and Population-level Service Needs Screening Tool. *Med Res Arch*. 2023 Oct;11(10) PMID: 39119120; PMCID: PMC11309766.

11. *Wainberg ML, Alpert JE, Benton TD, Clarke DE, Drexler K, Fung KP, Gogtay N, Malaspina D, O'Keefe VM, Oquendo MA, Yonkers KA. The future of DSM: a strategic vision for incorporating socioeconomic, cultural, and environmental determinants and intersectionality. *American Journal of Psychiatry*. 2026 Jan 28:appi-jp.
12. *Wainberg ML, González MA, McKinnon K, Elkington KS, Pinto D, Mann CG, Mattos PE. Targeted ethnography as a critical step to inform cultural adaptations of HIV prevention interventions for adults with severe mental illness. *Social science & medicine*. 2007 Jul 1;65(2):296-308.
13. *Wainberg ML, Gouveia ML, Stockton MA, Feliciano P, Suleman A, Mootz JJ, Mello M, Fiks Salem A, Greene MC, Bezuidenhout C, Ngwepe P, Lovero KL, Fortunato Dos Santos P, Schriger SH, Mandell DS, Mulumba R, Neves Anube A, Mabunda D, Mandlate F, Cournos F, Alves-Bradford JM, Nicholson T, Kann B, Fumo W, Duarte CS, de Jesus Mari J, Mello MF, Mocumbi AO, Oquendo MA, Weissman MM. Technology and implementation science to forge the future of evidence-based psychotherapies: the PRIDE scale-up study. *Evid Based Ment Health*. 2021 Feb;24(1):19-24. PMID: 33177149; PMCID: PMC8025148.
14. *Wainberg ML, McKinnon K, Mattos PE, Pinto D, Mann CG, de Oliveira CS, de Oliveira SB, Remien RH, Elkington KS, Cournos F, PRISSMA Project. A model for adapting evidence-based behavioral interventions to a new culture: HIV prevention for psychiatric patients in Rio de Janeiro, Brazil. *AIDS and Behavior*. 2007 Nov;11(6):872-83.
15. *Wainberg ML, Scorza P, Shultz JM, Helpman L, Mootz JJ, Johnson KA, Neria Y, Bradford JE, Oquendo MA, Arbuckle MR. Challenges and Opportunities in Global Mental Health: a Research-to-Practice Perspective. *Curr Psychiatry Rep*. 2017 May;19(5):28. PMID: 28425023; PMCID: PMC5553319.
16. *Weissman MM, Hankerson SH, Scorza P, Olfson M, Verdelli H, Shea S, Lantigua R, Wainberg M. Interpersonal Counseling (IPC) for Depression in Primary Care. *Am J Psychother*. 2014;68(4):359-83. PMID: 26453343; PMCID: PMC4603528.

Recommended:

17. Babor TF, McRee BG, Kassebaum PA, Grimaldi PL, Ahmed K, Bray J. Screening, Brief Intervention, and Referral to Treatment (SBIRT): toward a public health approach to the management of substance abuse. *Alcohol/drug screening and brief intervention*. 2023 Aug 4:7-30.
18. Cohen E, Pomerance Y, Touati Ohayon L, Brunstein Klomek A. Efficacy of suicide prevention gatekeeper training in Israel: Exploring diverse at-risk populations, gender differences, and comparisons between online and in-person training. *Death Studies*. 2025 May 29:1-9.
19. Ferguson M, Rhodes K, Loughhead M, McIntyre H, Procter N. The effectiveness of the safety planning intervention for adults experiencing suicide-related distress: a systematic review. *Archives of suicide research*. 2022 Jul 3;26(3):1022-45.
20. Hasin DS, Aharonovich E, O'leary A, Greenstein E, Pavlicova M, Arunajadai S, Waxman R, Wainberg M, Helzer J, Johnston B. Reducing heavy drinking in HIV primary care: a randomized

trial of brief intervention, with and without technological enhancement. *Addiction*. 2013 Jul;108(7):1230-40.

21. Kazdin AE, Blase SL. Rebooting psychotherapy research and practice to reduce the burden of mental illness. *Perspectives on psychological science*. 2011 Jan;6(1):21-37.
22. Levi-Belz Y, Groweiss Y, Amsalem D, Blank C, Shacher-Lavie I, Neria Y. Alone in the aftermath: A nationwide prospective study on the role of loneliness in depression-driven suicidal ideation following the October 7, 2023, terrorist attack. *Psychiatry Research*. 2026 Feb 20:117031.
23. Lewis CC, Boyd M, Puspitasari A, Navarro E, Howard J, Kassab H, Hoffman M, Scott K, Lyon A, Douglas S, Simon G. Implementing measurement-based care in behavioral health: a review. *JAMA psychiatry*. 2019 Mar;76(3):324-35.TBD
24. Mabunda D, Oliveira D, Sidat M, Cavalcanti MT, Cumbe V, Mandlate F, Wainberg M, Cournos F, de Jesus Mari J. Cultural adaptation of psychological interventions for people with mental disorders delivered by lay health workers in Africa: scoping review and expert consultation. *Int J Ment Health Syst*. 2022 Feb 15;16(1):14. PMID: 35168650; PMCID: PMC8845308.
25. O'Grady MA, Mootz J, Suleman A, Sweetland A, Teodoro E, Anube A, Feliciano P, Bezuidenhout C, Dos Santos PF, Fumo W, Gouveia L. Mobile technology and task shifting to improve access to alcohol treatment services in Mozambique. *Journal of substance abuse treatment*. 2022 Mar 1;134:108549.
26. Stanley B, Brown GK. Safety planning intervention: a brief intervention to mitigate suicide risk. *Cognitive and behavioral practice*. 2012 May 1;19(2):256-64.
27. Wainberg ML, Wolvaardt GG, Gouveia L, Ferenchick E. World Mental Health Day 2023: We must leave no one behind in the response to HIV and mental health. *Journal of the International AIDS Society*. 2023 Oct 10;26(10):e26183.

Other materials:

28. Course lecture slides and training materials (IPC, SBIRT-MI, SPI)
29. Selected readings on included above:
 - Task-shifting in global mental health
 - Measurement-based care
 - Interpersonal Counseling (IPC)
 - Motivational Interviewing:
 - Suicide prevention and safety planning

Course Schedule (13 Sessions, 1.5 hours each)

Lesson 1: Introduction to Global Disparities and Community Mental Health

Description:

Overview of global mental health disparities and introduction to ENGAGE.

Topics:

- Social determinants of health
- Mental health treatment gap
- Global mental health
- Community mental health
- Why task-sharing?
- Israeli context
- Cultural adaptation
- Decolonizing global mental health
- Local knowledge
- Cross-cultural psychiatry
- Assignment:
 - Bemme D, Kirmayer LJ. Global mental health: interdisciplinary challenges for a field in motion. *Transcultural Psychiatry*. 2020 Feb;57(1):3-18.
 - Karyotaki E, Araya R, Kessler RC, Waqas A, Bhana A, Rahman A, Matsuzaka CT, Miguel C, Lund C, Garman EC, Nakimuli-Mpungu E, Petersen I, Naslund JA, Schneider M, Sikander S, Jordans MJD, Abas M, Slade P, Walters S, Brugha TS, Furukawa TA, Amanvermez Y, Mello MF, Wainberg ML, Cuijpers P, Patel V. Association of Task-Shared Psychological Interventions With Depression Outcomes in Low- and Middle-Income Countries: A Systematic Review and Individual Patient Data Meta-analysis. *JAMA Psychiatry*. 2022 May 1;79(5):430-443. PMID: 35319740; PMCID: PMC8943620
 - Neria Y, Markowitz JC, Amsalem D, Levi-Belz Y, Roe D, Lurie I, Bitan DT, Wainberg ML, Mendlovic S. Israeli mental health in the aftermath of the October 7 terrorist attack: risks, challenges, and recommendations. *Isr J Health Policy Res*. 2025 Apr 16;14(1):25. PMID: 40240897; PMCID: PMC12004549
 - Wainberg ML, Alpert JE, Benton TD, Clarke DE, Drexler K, Fung KP, Gogtay N, Malaspina D, O'Keefe VM, Oquendo MA, Yonkers KA. The future of DSM: a strategic vision for incorporating socioeconomic, cultural, and environmental determinants and intersectionality. *American Journal of Psychiatry*. 2026 Jan 28:appi-jp.

Lesson 2: Foundations of the ENGAGE Model

Description:

Deep dive into stepped-care, stratified care, and task-shifting.

Topics:

- Task-shifting models
- Measurement-based care

- Evidence base
- Reading Assignment:
 - Lovero KL, Basaraba C, Khan S, Suleman A, Mabunda D, Feliciano P, Dos Santos P, Fumo W, Mandlate F, Greene MC, Fiks Salem A, Mootz JJ, Mocumbi AO, Duarte CS, Gouveia L, Oquendo MA, Wall MM, Wainberg ML. Brief Screening Tool for Stepped-Care Management of Mental and Substance Use Disorders. *Psychiatr Serv.* 2021 Aug 1;72(8)
 - Stockton MA, Mazinyo EW, Mlanjeni L, Nogemane K, Ngcelwane N, Sweetland AC, Basaraba C, Bezuidenhout C, Sansbury G, Lovero KL, Gouveia ML, Dos Santos PF, Feliciano P, Fumo W, Suleman A, Oquendo MA, Grobler C, Wall MM, Nobatyi P, Medina-Marino A, Wainberg ML. An Ultra-Brief Proxy Measure for Early Mental and Substance Use Disorders and Suicide Risk Case Detection at the Community and Household Level: An Efficient and Feasible Clinical and Population-level Service Needs Screening Tool. *Med Res Arch.* 2023 Oct;11(10):10.18103/mra.v11i10.4381. PMID: 39119120; PMCID: PMC11309766
 - Wainberg ML, Gouveia ML, Stockton MA, Feliciano P, Suleman A, Mootz JJ, Mello M, Fiks Salem A, Greene MC, Bezuidenhout C, Ngwepe P, Lovero KL, Fortunato Dos Santos P, Schriger SH, Mandell DS, Mulumba R, Neves Anube A, Mabunda D, Mandlate F, Cournos F, Alves-Bradford JM, Nicholson T, Kann B, Fumo W, Duarte CS, de Jesus Mari J, Mello MF, Mocumbi AO, Oquendo MA, Weissman MM. Technology and implementation science to forge the future of evidence-based psychotherapies: the PRIDE scale-up study. *Evid Based Ment Health.* 2021 Feb;24(1):19-24. PMID: 33177149; PMCID: PMC8025148

Lesson 3: The Mental Wellness Tool (mwTool) – Part I

Description:

Introduction to screening and triage.

Topics:

- Structure of mwTool
- Screening logic (first 3 questions)
- Use in practice
- Reading Assignment:
 - Lovero KL, Basaraba C, Khan S, Suleman A, Mabunda D, Feliciano P, Dos Santos P, Fumo W, Mandlate F, Greene MC, Fiks Salem A, Mootz JJ, Mocumbi AO, Duarte CS, Gouveia L, Oquendo MA, Wall MM, Wainberg ML. Brief Screening Tool for Stepped-Care Management of Mental and Substance Use Disorders. *Psychiatr Serv.* 2021 Aug 1;72(8)
 - Stockton MA, Mazinyo EW, Mlanjeni L, Nogemane K, Ngcelwane N, Sweetland AC, Basaraba C, Bezuidenhout C, Sansbury G, Lovero KL, Gouveia ML, Dos Santos PF, Feliciano P, Fumo W, Suleman A, Oquendo MA, Grobler C, Wall MM, Nobatyi P, Medina-Marino A, Wainberg ML. An Ultra-Brief Proxy Measure for Early Mental and Substance Use Disorders and Suicide Risk Case Detection at the Community and Household Level: An Efficient and Feasible Clinical and Population-level Service Needs Screening Tool. *Med Res Arch.* 2023

Oct;11(10):10.18103/mra.v11i10.4381. PMID: 39119120; PMCID: PMC11309766

Lesson 4: The Mental Wellness Tool (mwTool) – Part II

Description:

Diagnostic categorization and decision-making.

Topics:

- Severity classification
- Treatment decision tree
- Case vignettes
- Reading Assignment:
 - Delgadillo J, Ali S, Fleck K, Agnew C, Southgate A, Parkhouse L, Cohen ZD, DeRubeis RJ, Barkham M. Stratified care vs stepped care for depression: a cluster randomized clinical trial. JAMA psychiatry. 2022 Feb;79(2):101-8.

Lesson 5: Measurement-Based Care & Clinical Decision-Making

Description:

Using data to guide treatment.

Topics:

- Monitoring symptoms
- Adjusting treatment
- Role of digital tools
- Reading: TBD
- Assignment:
 - Lewis CC, Boyd M, Puspitasari A, Navarro E, Howard J, Kassab H, Hoffman M, Scott K, Lyon A, Douglas S, Simon G. Implementing measurement-based care in behavioral health: a review. JAMA psychiatry. 2019 Mar;76(3):324-35.TBD
 - Wainberg ML, Wolvaardt GG, Gouveia L, Ferenchick E. World Mental Health Day 2023: We must leave no one behind in the response to HIV and mental health. Journal of the International AIDS Society. 2023 Oct 10;26(10):e26183

Lesson 6: Interpersonal Counseling (IPC) – Foundations

Description:

Introduction to IPC for depression, anxiety, PTSD.

Topics:

- Theory and structure
- Problem areas

- Initial phase skills
- Reading: WHO IPT Group Therapy Manual
- Assignment:
 - Weissman MM, Hankerson SH, Scorza P, Olfson M, Verdelli H, Shea S, Lantigua R, Wainberg M. Interpersonal Counseling (IPC) for Depression in Primary Care. *Am J Psychother.* 2014;68(4):359-83. PMID: 26453343; PMCID: PMC4603528

Lesson 7: IPC – Skills Practice

Description:

Applied IPC skills.

Topics:

- Communication skills
- Interpersonal Inventory
- Role plays
- Reading: WHO IPT Group Therapy Manual
- Assignment:
 - Wainberg ML, Gouveia ML, Stockton MA, Feliciano P, Suleman A, Mootz JJ, Mello M, Fiks Salem A, Greene MC, Bezuidenhout C, Ngwepe P, Lovero KL, Fortunato Dos Santos P, Schriger SH, Mandell DS, Mulumba R, Neves Anube A, Mabunda D, Mandlate F, Cournos F, Alves-Bradford JM, Nicholson T, Kann B, Fumo W, Duarte CS, de Jesus Mari J, Mello MF, Mocumbi AO, Oquendo MA, Weissman MM. Technology and implementation science to forge the future of evidence-based psychotherapies: the PRIDE scale-up study. *Evid Based Ment Health.* 2021 Feb;24(1):19-24. PMID: 33177149; PMCID: PMC8025148.

Lesson 8: Motivational Interviewing & SBIRT

Description:

Brief interventions for substance use.

Topics:

- MI principles (OARS)
- SBIRT framework
- Practice exercises
- Assignment: SBIRT / Motivational Interviewing literature:
 - Hasin DS, Aharonovich E, O'leary A, Greenstein E, Pavlicova M, Arunajadai S, Waxman R, Wainberg M, Helzer J, Johnston B. Reducing heavy drinking in HIV primary care: a randomized trial of brief intervention, with and without technological enhancement. *Addiction.* 2013 Jul;108(7):1230-40.

- Rollnick S, Butler CC, Kinnnersley P, Gregory J, Mash B. Motivational interviewing. Bmj. 2010 Apr 27;340.

Lesson 9: Motivational Interviewing & SBIRT – Skills Practice

Description:

Applied MI-SBIRT skills.

Topics:

- OARS
- Decisional Balance
- Role plays
- Reading: TBD
- Assignment: SBIRT / Motivational Interviewing literature:
 - Babor TF, McRee BG, Kassebaum PA, Grimaldi PL, Ahmed K, Bray J. Screening, Brief Intervention, and Referral to Treatment (SBIRT): toward a public health approach to the management of substance abuse. Alcohol/drug screening and brief intervention. 2023 Aug 4;7-30.

Lesson 10: Suicide Risk & Safety Planning Intervention (SPI)

Description:

Assessment and intervention for suicide risk.

Topics:

- Risk assessment
- Safety planning steps
- Role plays
- Reading: TBD
- Assignment: Assignment: Safety Planning Intervention literature
 - Stanley B, Brown GK, Karlin B, Kemp JE, VonBergen HA. Safety plan treatment manual to reduce suicide risk: Veteran version. Washington, DC: United States Department of Veterans Affairs. 2008 Aug 20;12
 - Stanley B, Brown GK. Safety planning intervention: a brief intervention to mitigate suicide risk. Cognitive and behavioral practice. 2012 May 1;19(2):256-64.

Lesson 11: Safety Planning Intervention (SPI) – Skills Practice

Description:

Applied SPI skills.

Topics:

- Risk assessment
- Safety planning steps
- Role plays
- Reading: TBD
- Assignment: Assignment: Safety Planning Intervention literature

Lesson 12: Implementation in Organizations and Systems

Description:

Adapting ENGAGE across contexts, scaling, and integrating ENGAGE.

Topics:

- Cultural adaptation & global implementation
- Implementation phases
- Organizational readiness
- Workforce development
- Reading: TBD
- Assignment: Implementation Science readings
 - Sanchez K, Ferenchick EK, Tepper M, Wainberg M. ENGAGE NYC: Improving Access to. Focus: Mental Health. 2025:31.

Lesson 13: Integration & Final Presentations

Description:

Synthesis and application.

Topics:

- Student presentations
- Implementation plans
- Course feedback/reflection

Practicum - Certification (Optional)

This course prepares social work students to obtain certification in the delivery of the evidence-based mental health interventions through field work in specific settings and join the scale-up of evidence-based mental health interventions by implementing an innovative service delivery model in diverse and resource-limited settings, grounded in the ENGAGE framework. Students who successfully complete the course may participate in supervised field-based training leading toward certification in selected

ENGAGE interventions. Practicum placements will allow students to apply screening, measurement-based care, and brief evidence-based interventions in community mental health, primary care, rehabilitation, or social service settings under qualified supervision.