

Ethics in Nursing

Semester:	Second
Lecturer:	Dr. Oren Asman, LLD, Adv. Email: asman@tauex.tau.ac.il
Teaching Assistant:	TBD
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Course requirements

Mandatory attendance in synchronic classes; Completing all parts on non-synchronic classes.

Final grade components

- Non synchronic classes questionnaires [6%]
- Cases analysis report [20%]: Each student will submit a case report by the end of the course.
- Final exam [74%]

Course Rational

Ethical decisions in health are a substantial, inherent part of the Nurses' day to day practice. Nurses face these on a particular, treatment-related level and on a policy related level.

The course is a hybrid online course. Some of the lessons are held live (or, if situation requires it, as synchronic lessons via *Zoom*)) and some lessons are non-synchronic self-paced available on the course's online platform.

Students will become familiar with ethical theories and acquire tools for ethical decision-making in nursing and in health care in general. They will participate in discussions in order to present ethical arguments and take part in deliberation.

Goals:

1. link moral philosophy terminology with nursing professional principles.
2. Identify conflicts and ethical dilemmas in nursing.
3. Develop moral awareness and sensitivity.
4. apply decision-making models in relevant cases.
5. Experience ethical deliberation and reasoning.
6. Link ethical concepts with the Israeli nursing code of ethics.

Learning Outcomes:

The student will become familiar with main ethical theories and concepts that are relevant to the nursing profession; Acquire decision making tools for analyzing and dealing with health care ethical

issues.

Teaching methods:

lectures, recorded lectures and interviews with experts, class and small group discussions, watching and analyzing videos, analyzing academic papers, short quizzes and practice games (online), submitting a final case analysis.

Course schedule*

Subject, a short description of the unit, Videos used, reading and practice material.

נושא יחידת הלימוד, תיאור קצר שלה, רשימת קטעי הוידאו, מצגות, חומרי הקריאה, שאלות אמריקאיות וחומרי תרגול שפה.

☐ *subject to changes as will be informed during the course.

* כפוף לשינויים כפי שיימסר במהלך הקורס.

INSTRUCTIONS FOR A BENEFICIAL STUDY IN AN ENGLISH MEDIUM INSTRUCTED COURSE

• Videos:

ברוכים הבאים לקורס אתיקה בסייעוד - הנחיות וטיפים ללימוד מרחוק בקורס באנגלית (15 דקות) ☐

• Reading:

ברוכים הבאים לקורס, הנחיות ללמידה יעילה ☐

• כיצד מפעילים ומשנים את שפת הכתוביות בסרטונים

פעילות: סקר קצר (רשות) Short)voluntary(survey

• סקר (אופציונלי) לקראת הקורס: למידה באמצעות השפה האנגלית

1. INTRODUCTION TO HEALTH CARE ETHICS

The lesson is dedicated to Ethics as a branch of philosophy. Several examples of thought experiments, that are common in philosophy are presented, in order to exemplify the unique ways in which philosophy can serve human advancement, the evolution of science, and, in the sphere of ethics, the construction of ethical theories and policy. A suggested definition of Ethics is discussed, with references to ethical theories such as Deontology, Consequentialism, and virtue ethics, and the principle of "First Do No Harm" is mentioned in the context of the 4 principles of Medical Ethics. Finally, the relevance of studying Nursing Ethics during the course of one's clinical studies is discussed, with reference to ethical sensitivity, analytical skills, and experiencing group deliberation.

The Hebrew portion of the lecture discusses the course requirements, methods of teaching, teaching staff, learning aids, and students' expectations.

Reading:

- PPT: Introduction to Ethics in Health Care Professions
- Hope T., 2004. Medical Ethics, A very Short Introduction, 1-6. רשות

Language:

- Words list (for each group) English-Hebrew-Arabic

- vocabulary practice (En-He; En-Ar)

2. Truth-telling, Confidentiality and Privacy- **pre-recorded**

Veracity and Truth-Telling are often mentioned as a basic moral duty in Medical Ethics, some define it as one of the principles of biomedical ethics or at least as stemming from one of the 4 principles of Biomedical Ethics (Autonomy). Trustworthiness, which is closely connected with veracity is mentioned as an important virtue for health care professionals. This short lecture focuses on some possible definitions of truth and lying, contemporary examples of ethical quandaries in health care and other spheres of life that relate to truth-telling, and some arguments related to truth-telling and its desired extent.

Videos:

- שיעור חלק 1 Lesson on truth telling (part 1) - 15 minutes
- שיעור חלק 2 Lesson on truth telling (part 2) - 13 minutes
- Kant's Axe - on Truth Telling in 2 minutes

Reading:

- PPT: Truth Telling (Veracity)
- Johnston C., Bradbury, P. 100 Cases in Clinical Ethics and Law (CPR Press, 2016) p. 259-260.

Language:

- Words list English-Hebrew-Arabic
- ☑ vocabulary practice (En-He; En-Ar)

3. Deliberating using the 4 levels of Ethics

The lecture discusses the 4 levels of Ethics: Meta-Ethics - what ethics is all about, Normative Ethics - ethical theories that allow us to define what may be considered good or bad, right or wrong, Rules and principles in ethics (including the nursing code of ethics) and case-based and applied ethics. These are demonstrated through a group deliberation about a short video that serves as a vignette - a case example.

Videos:

- Dr. Green's Virtual court date (3 minutes)
- רשות (וידאו בעברית: על המערכת הרפואית לשקול מחדש את מעורבותה בדוקר ריאליטי) (דקות 16 בחדרי הלידה)

Reading:

- PPT: Case deliberation and the 4 levels of ethics

Language:

- Words list (for each group) English-Hebrew-Arabic
- vocabulary practice (En-He; En-Ar)

4. Professional ethics Law and other normative systems

The lecture discusses the interesting relationship between Professional Ethics and the Law. We relate to 4 major normative systems: Law, Religion, Ethics, and personal morals and discuss how they many times adopt similar approaches, but can also be in conflict with one another, which may, in turn, be a challenge for the person who adheres to conflicting normative systems at the same time.

Reading:

- PPT: Ethics and the Law
- Bryant, J., La Velle, L., 2018. Introduction to Bioethics, pp. 23-25 Allen A. Moralizing in Public, *Hostfra Law Review* 34:1325 (first page only)

5. ETHICAL THEORIES

Deontology - **pre-recorded**

Immanuel Kant presents his theory of Deontology, including his famous concept of the Categorical imperative as intuitive and somewhat simple to grasp. At the same time, Deontology is considered by many philosophers to be a complex theory with deep levels of thought and consideration of events, intentions, and the concepts of agency, autonomy, and reason. In this short lecture, the lecturer, presents very basic aspects of Kant's theory. This is merely a short introduction to Kant's theory and in no way is it a comprehensive depiction of its scope and width. This introduction should, however, provide you with an initial understanding of some of the practical implications in the case analysis of Kant's theory.

Videos:

- Ethics defined: Deontology in 2 minutes
- Lecture 3: Deontology (22 mins.)
- The Trolley Problem ("The Good Place") in 5 minutes - "המקום הטוב" (דילמת הקרונית)

Reading:

- PPT: Deontology
- Munson R., Outcome uncertain: cases and contexts in bioethics (Belmont, 2003) 369-375

Practice:

- Multiple Choice questions about Deontology - שאלות אמריקאיות לחזרה על דיאונטולוגיה

Language:

- Vocabulary (En-He-Ar)
- vocabulary games (En-He; En-Ar)

6. Utilitarianism and The Double Effect Doctrine **pre-recorded**

Utilitarianism

Utilitarianism is an ethical theory that belongs to consequentialist theories. It judges an act as ethical based on its consequences. In this short lecture, the lecturer differentiates utilitarianism from other consequentialist approaches (such as egoism or altruism); relates to several suggested forms of utilitarianism (act utilitarianism, which is not viewed by the lecturer as the

suggested approach to adopt as a health care professional; rules utility, which the lecturer suggests could lead many times to similar results as duty-based theories such as Kant's Deontological approach; and preference utility – which puts a special emphasis on autonomy when conducting utility calculations.

Videos:

- Ethics Defined: Consequentialism in 2
- Ethics defined: Utilitarianism in 2 minutes
- Lecture: on Utilitarianism (20 minutes)

Reading:

- PPT: Utilitarianism
- Munson R., Outcome uncertain: cases and contexts in bioethics (Belmont, 2003) 360-369.
- Johnston C., Bradbury, P. 100 Cases in Clinical Ethics and Law (CPR Press, 2016) p. 3-4.
רשות

Practice:

- Multiple Choice Questions on: Utilitarianism – שאלות אמריקאיות על תועלתנות

The Double Effect Doctrine

was developed within the scope of Catholic morality but is found to be useful in many current dilemmas, including the fields of military ethics ("just war") or even Public Health matters. It suggests four accumulative requirements for allowing an act that may cause harm to be performed when it also brings good, is intended only for bringing about the good and is proportional and necessary.

Videos:

- The Double Effect Doctrine (4 min.)

Reading:

- Munson R., Outcome uncertain: cases and contexts in bioethics (Belmont, 2003) 360-369.

Practice:

- Multiple Choice Questions on: Utilitarianism, Consequentialism and Double Effect - שאלות אמריקאיות על תועלתנות, תוצאתנות ואפקט כפול

Language:

- Vocabulary (En-He-Ar)
- vocabulary games (En-He; En-Ar)

7. **Virtue Ethics**

Virtue ethics remains a major force in understanding morality ever since ancient Greek philosophy and up until the 21st century. It may seem very intuitive, perhaps even spiritual and definitely less prescriptive or "scientific" than other ethical theories. The relevance of virtue theory to everyday life as a health care professional, especially in challenging times such as during a world-wide pandemic will be discussed, in specific reference to the virtues expected of

a nurse.

Videos:

- Ethics Defined Virtue Ethics (1.5 minutes) הגדרה קצרה של אתיקה של מידות טובות (דקות 1.5) (סגולות)
- Aristotle & Virtue Theory – (סגולות) (דקות 9) ואריסטו ואתיקה של מידות טובות
- Barry Schwartz: Our loss of wisdom, TED 2009 (20 mins) הרצאת טד של ברי שוורץ על אובדן החכמה המעשית

Reading:

- PPT: Virtue Ethics
- Munson R., Outcome uncertain: cases and contexts in bioethics (Belmont, 2003) 411-414.
- Boone, B. 2017. Chapter 5, pp. 65-71. Ethics 101: From Altruism and Utilitarianism to Bioethics and Political Ethics, an Exploration of the Concepts of Right and Wrong. רשות

Language:

- vocabulary games (En-He; En-Ar)

8. A HISTORICAL PERSPECTIVE ON MEDICAL ETHICS

Ethics and Medical Law Following Nazi Germany

Current day understating of research ethics, end of life issues, autonomy, justice and human rights seems to be directly connected to what some term as “a black hole in human history and morality” – medicine in Nazi Germany.

The role that Medical Doctors and Nurses took in medicalized killing, providing “scientific” basis to racist ideologies and policies, including those of killing in the name of eugenics, experimenting on vulnerable populations with clear breach of autonomy and all these in a country proud of its advanced medicine and ethics, all call for taking the time and ask how ethics can protect us from such a slippery slope, and how we can protect our professional ethics from ever again be twisted.

9. ETHICAL DECISION MAKING MODEL

Case Deliberation using an ethical decision making model and the Code of ethics for Nurses –

Codes of professional ethics serve as a compass for professionals working in a specific field. While they offer specific rules of conduct, they rarely prescribe the exact behaviors and discretion is usually an important component in professional ethics.

In this lesson we will discuss a case, using an ethical decision making model, while referring to the Israeli Nurses Code of Ethics and connecting it with the ethical theories, principals and concepts thus far discussed in the course.

Reading:

- PPT: Case Deliberation and the Israeli Nursing Code of Ethics
- UNESCO. 2007. Ethics Education Program, pp. 9-13
- ANA. 2015. *Code of Ethics for Nurses*, The Washington Nurse, p. 7 (רשות)
- הקוד האתי לאחים ולאחיות בישראל. (2018) לשכת האתיקה – הסתדרות האחים והאחיות. (

Video:

- online Lecture: Ethical Decision Making (40 minutes)

10. PRINCIPLES OF BIOMEDICAL ETHICS

Autonomy pre-recorded

Autonomy is sometimes considered “first among equals” when discussing the 4 principles of biomedical ethics. While its literal meaning is simple – “Self Rule”, this concept that alludes to “writing one’s story by themselves” is far from being simple. Like any abstract idea, it can contain various levels and thus be interpreted in many ways, and contain many situations. One scholar that combined the normative discussion with practical reasoning in this regard is Prof. Rebecca Kukla. In this lecture, she suggests five core elements that could be considered as criteria for discussing the level of autonomy in different cases: Liberty and Positive Autonomy, Self Determination, Independence, Integrity and Agency.

Videos:

- R. Kukla on Autonomy, Georgetown Uni. (1/6) – **Core notion of Autonomy**
- R. Kukla on Autonomy, Georgetown Uni. (2/6) – **Liberty and Positive Autonomy**
- R. Kukla on Autonomy, Georgetown Uni. (3/6) – **Self Determination**
- R. Kukla on Autonomy, Georgetown Uni. (4/6) - **Independence**
- R. Kukla on Autonomy, Georgetown Uni. (5/6) – **Integrity**
- R. Kukla on Autonomy, Georgetown Uni. (6/6) – **Agency**

Practice:

- חלק 1 - שאלות באנגלית על חלק - English questions about part I – Autonomy
- חלק 2 - שאלות בעברית על חלק - חירות - Hebrew questions about part 2 – Liberty
- חלק 3 - שאלות באנגלית על חלק - הגדרה עצמית - English Questions about Part 3: Self-determination –
- חלק 4 - שאלות בעברית על חלק - עצמאות - Hebrew questions about part 4 – Independence
- חלק 5 - שאלות בעברית על חלק - שלמות - Hebrew questions about Autonomy 5: Integrity
- חלק 6 - שאלות בעברית על חלק - סוכנות - Hebrew Questions about Part 6 – Agency

Language:

- vocabulary games (En-He)

11. Informed Consent and Decisional impairment in clinical research ethics Guest Lecturer, Prof. Michael Stein, Harvard Project on Disability

One of the most talked about legal aspect of autonomy in the sphere of health care delivery is “Informed Consent”, usually referring to Information disclosure, competency to make a decision and voluntary nature of the decision. The latter two may be impacted by one’s current medical status or by their disability. In this lecture, Prof. Stein will present several cases to discuss how decisional impairment may be interpreted and influence the way treatment or participation in clinical research is decided

12. 4 Principles in bioethics and looking into justice pre-recorded

The four principles of biomedical ethics, as suggested by the scholars Beauchamp and Childress, are considered as covering most of the moral issues that arise in health care. They are seen as neutral, cross-cultural, and useful. The four principles are respect for autonomy, beneficence, non-maleficence, and justice. They are considered as "Prima facie" duties, meaning that each principle is binding but there could be cases that another principle would be prioritized over the other for lack of ability to act in a manner that respects both at the same time. In this lecture, the 4 principles are presented in the context of real life examples and connected to case based ethics on the one hand and normative ethics on the other.

Videos:

- A lesson on the 4 principles of biomedical ethics - 16 minutes
- Justice – 28 minutes

Reading:

- PPT: The Four Principles of Biomedical Ethics
- PPT: Justice
- Ethics Defined: Justice (1.5 minutes)
- Ethics Defined: The Veil of Ignorance (1.5 minutes)
- (דק, עברית) (רשות 30 צדק וחלוקת משאבים בעידן הקורונה)
- **Munson R., Outcome uncertain: cases and contexts in bioethics (Belmont, 2003) 381-387.**

13. WHAT DOES IT MEAN, FOR ME, TO BECOME A REGISTERED NURSE?

Closing lesson: What does it mean, for me, to become a Registered Nurse?

In this closing lesson, we will try to think about this important question, with some reflections on the course discussions and materials. Before the lesson, please put down in writing (in 200 words or so) what it means **for you**, to become a nurse: What is the essence of the profession in your eyes. What you hope this will entail for you and for others.

Using your thoughts, ideas and personal experiences and emotions, we will revisit different ethical notions discussed during the course, looking at them from a more personal perspective.

We will also have a short review and practice of the course materials and suggest useful methods to prepare for the exam and write the final assignment.

Short (voluntary) survey

פעילות: סקר קצר (רשות)

סקר (אופציונלי) לקראת סיום הקורס: למידה באמצעות השפה האנגלית

14. Q&A and Preparing for The Final Exam

This meeting will provide students with an opportunity for one last guided review of the course material. You will be invited to ask questions and raise issues encountered during the course or while studying for the final exam.

The timing of this lesson was chosen by the majority of the students based on a survey. It will also be recorded and be available for later use.

The Course summary assignment

15. The final assignment provides with an opportunity for an integrative review of the course material in a case-based manner. It should help with practice, assimilation and implementation of the English learned content of the course.
16. You may submit it as a WORD Document via the Moodle system by July 1, 2023.
17. A suggested outline for analysis will be included in the case description.
18. You will have a choice of one of several cases.
19. Your analysis could either be submitted in Hebrew or in English.
20. A brief English summary (maximum 200 words) will be added to Hebrew submissions.
21. While you may reach different conclusions, it is required to explore and consider various alternatives.